



Live and Learn

Issue No: 31

June 2020

Some of our U3A regular activities planned for restart from 1 July ...

Three months after shutting down operations due to the COVID-19 pandemic, U3A Tablelands' committee has made the decision to start up some of the regular activities from 1 July 2020.

With the current government and medical guidelines, there are limitations to both the numbers attending and the hygienic requirements needed, so many activities are having to wait for further easing of restrictions before commencing.

At this time government rules allow for the organisation's room at the Atherton Community Centre in Mabel Street to safely accommodate 13 people, so the following indoor activities have been given the go-ahead: Writers' Group, Getting of Wisdom, Friday Forum, Book Club and Italian Classes.

Indoor venues away from the Community Centre: Music Appreciation (from August) and Lunch with Friends.

Outdoor activities commencing in July are: Walking Group, Hardy Perennials and Happy Snappers Photography.



See page three for commencement dates.

Government restrictions will apply with a limited number of people allowed to participate, so U3A members are reminded that it is compulsory to book for any of these activities, **even if you have been long-time attendees.**

Contacting Course Coordinator Jane Mitchell is essential. First come, first served and only those who have booked will be allowed to attend.

Members are assured that all government and medical guidelines will be adhered to, with instructional signage displayed, surfaces cleaned and hand sanitisers available.

BOOKING ESSENTIAL—CONTACT:

Web: athtablands.u3anet.org.au

Email: coursesu3aat@gmail.com

Mahjong and Card Playing to wait a little longer

Unfortunately, due to government restrictions and medical advice, some of U3AATs regular activities are not able to go ahead at this time.



There was some discussion at the committee meeting regarding Mahjong and Card

Playing, but in keeping with the guidelines, the tiles and cards would require regular cleaning throughout the game and it was thought better to postpone these activities to a later date once restrictions have been eased further.



President's ponderings ...

Hopefully, we are coming to the end of this awful disruption caused by Covid-19.

The Management Committee has looked at restarting some activities in keeping with Queensland Government guidelines. Everything we do has to fit within the guidelines to ensure we stay safe and within the law. As restrictions ease, we will be able to expand our offerings. Presently we are confined to a maximum of 13 people in Room 22. Obviously, this will remain until social distancing laws ease.

On a sad note two of our members have passed away. Sandi Oswald and Ros Ludwig unfortunately are no longer with us and will be sadly missed. Both of these ladies at one time were on the Committee and their contribution was greatly valued.

I look forward to re-commencing and reconnecting with friends. We have had a long break and I'm sure most people will be excited to enjoy a more normal time and break free from isolation.

Barbara Whybird



U3A ATHERTON TABLELANDS

Annual General Meeting

In light of the current COVID-19 restrictions, our Annual General Meeting has been postponed until such time as sufficient numbers are allowed to gather.

An extension of six months in which to hold AGMs has been granted to all organisations.

Notice will be circulated as soon as a date can be set.



Valé Ros

We have lost Ros and I am grieving. I can't even start to imagine the anguish that John is feeling. Images keep flashing through my mind. I am so going to miss her intelligence, her drive to learn and share what she has learnt. I so enjoyed her depth, her integrity, her adaptability, her smile.

It was Ros that gave us the chance at Mah Jong to take the game to another level. For those who wanted the extra challenge, she was the one that organised it. For those of us that needed to stretch our brains a little further, she took us there. It was the bug lady who showed us how to look at nature a little deeper and see so many things that we had overlooked. Each year, when Ros and John went to the US, we found ourselves asking "when will Ros be back?". Life will never be quite the same. Ros we miss you!

Pamela Jones

Activities resuming first-up

ACTIVITY	COMMENCEMENT DATE	VENUE
Walking Group	Wednesday 1 July	Platypus Park
Getting of Wisdom	Wednesday 1 July	Room 22 Atherton Community Centre
Friday Form	Friday 3 July	Room 22 Atherton Community Centre
Happy Snappers Photography Group	Thursday 9 July	Outdoors (site to be advised)
Hardy Perennials	Thursday 9 July	Venue to be advised
Writers' Group	Saturday 11 July	Room 22 Atherton Community Centre
Italian Classes	Tuesday 14 July	Room 22 Atherton Community Centre
Lunch with Friends	Tuesday 21 July	Venue to be advised
Music Appreciation	From August	Uniting Church (venue to be confirmed)
Book Clubs	From August	Room 22 Atherton Community Centre

PLEASE REMEMBER THAT YOU MUST BOOK YOUR PLACE

Website: athtablends.u3anet.org.au • Email: coursesu3aat@gmail.com

Only the first 13 registering for indoor and first 20 for outdoor activities will be allowed to participate. Participants are asked to arrive fifteen minutes earlier so that hand sanitising and personal information regulations can be adhered to.

Welcome back get-together planned ...

At the U3AAT committee's first meeting on Friday 12 June, a decision was made to work on a "Welcome Back" social event for all financial members.

After the enforced three month break and having to self-isolate, it was felt members would appreciate catching up with one another over a shared meal.

It is hoped that the next level of easing of restrictions will allow for larger numbers to congregate.



More information will follow as further government announcements are made.

Watch this space ...

Valé Sandi

It was with a great sense of loss that I learnt about Sandi leaving us. I have such wonderful memories of Sandi. When I first joined Atherton Performing Arts, it was Sandi that made the occasion memorable. She was warm and welcoming and her chatter made me feel wanted and alive. When I was treasurer of U3A, it was Sandi who gave me a hand by taking funds to the bank for me, helping me check input data to the records and generally making the work fun.

I don't drive anymore due to eyesight issues and when my husband was away, Sandi took me to the pool. Because my husband normally did this and he had the keys to the house with his car keys, I was out of the habit of having keys on my person. Oh dear, we got back from the pool only for me to discover that I had locked myself out. I knew that it was possible to get into the house on the second story with a big ladder. I

borrowed a ladder from a neighbour and before anybody else could do anything, Sandi was up the ladder in through the window and downstairs to open up the door. In my mind's eye, I can still see her scooting up that ladder. Sandi was a dancer in every sense of the word.

It is only about three weeks since the last time I spoke to Sandi on the phone. Due to drugs I am taking, I have been in isolation or semi-isolation since last November so I had not seen her for some time. So my last memories are our discussions about gardening and food. I am sorry I cannot attend her funeral but the little bird called Sandi will always be in my heart!

If I am sad, I can only pretend to imagine how her family feels right now. I wish to convey my sincere condolences and let you know that she will be remembered.

Pamela Jones

Have you renewed your membership?

Please check that you have renewed your membership for 2020.

Membership should have been renewed by **31 March 2020**.

If not, your name will have been removed from the membership listing and you will not be able to receive further newsletters.

Membership fees of \$25.00 can be paid by any of the following methods:

EFT: BSB 633 000 A/c: 161 469 762 Ref: your name

Cheque to: PO Box 928 Atherton 4883

Cash: into cash box on Room 22's noticeboard

Don't forget to include your name with payment.





Celebrating Queensland Seniors 15—23 August

For the first time in its 60 year history, Queensland’s annual celebration of seniors is going virtual!

To do this we have made the decision to maintain the week format, celebrating from Saturday 15 to Sunday 23 August 2020.

This year more than ever, people need something to celebrate, in the safest way possible.

As COVID-19 regulations has seen many older people in self-isolation, never has it been more important to ensure people remain connected and don’t become segregated.

To do so, Queensland Seniors Week is thinking outside the box, and are looking to launch a full calendar of events virtually and physically, if allowed.

Using platforms such as Facebook, YouTube, Zoom and Instagram Live, the new-look event may include fitness, cooking and art demonstrations, entertainment and more.

Do you have a virtual event or performance you would like to share?

Register any events at www.qldseniorsweek.org.au

Do you have questions? I am here to help. You can reach me on seniorsweek@cotaqld.org.au or by phoning 07 3316 2908.

I can’t wait to celebrate with you.

Lisa Hodgkinson
Coordinator

Communications and Queensland Seniors Week
COTA Queensland



Who is COTA Queensland?

Council on the Ageing (COTA) Queensland is a state-wide not-for-profit organisation advancing the rights, interests and futures of people as we age. For over 60 years we have worked with older people to ensure the futures of Queenslanders are filled with opportunity and possibility. Our programs support older Queenslanders to influence decision making and create positive social change.



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U3A Network Queensland Inc

Special Edition Newsletter



Conference 2021 First Edition



Email: networknews2016@gmail.com



Nurture your mind and body at the
Coolest Conference in the State.
Granite Belt U3A will host the Coolest Network
Queensland Conference

in Stanthorpe

12th and 13th May 2021

Explore the Delights of Granite Belt Wine and Food

on 11th May

2021



More details to follow





Did you hear about the mathematician who's afraid of negative numbers?

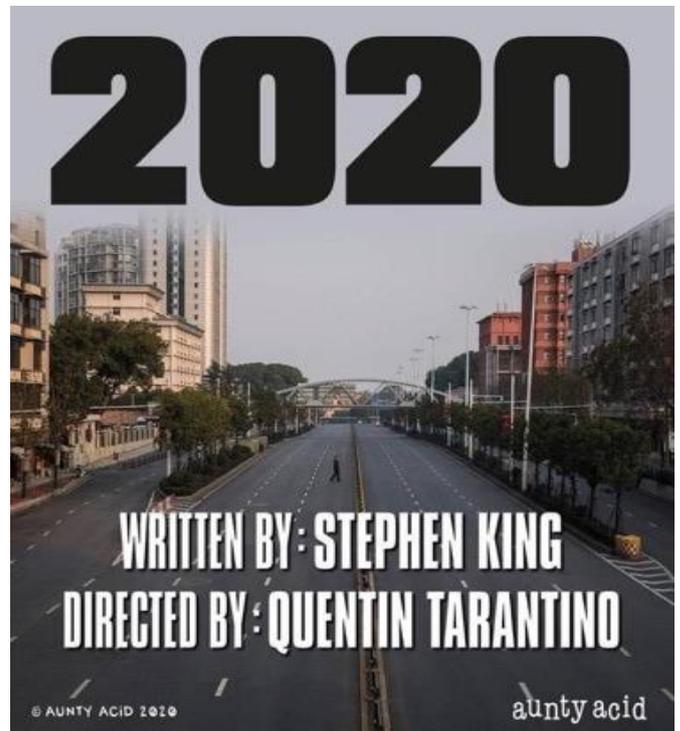
He will stop at nothing to avoid them.

Down to basics ...

I was describing my job as an engineer to some middle schoolers when I mentioned that "one of my colleagues and I designed a medical instrument for measuring human muscle tone."

Later, I added, "another colleague and I designed a system to allow merchants to print coupons at the cash register." Thinking that all this technical talk was confusing, I asked if there were any questions.

There was one: "What's a colleague?"



The wrong costume ...

When the box with my Halloween costume arrived, it was empty. I called the company and asked where my Maid Marian costume was. "We're sorry, ma'am. We'll send your costume tomorrow," the representative said. "In the meantime, feel free to keep the Lady Godiva costume you got by mistake."



Tying a tie properly ...

On the day of my big job interview I woke up late and threw on a suit, but my Dad was out of town and wasn't there to help me, and for the life of me I did not know how to tie a tie! I grabbed a tie and ran out the door.

"Excuse me sir," I said to the crossing guard, "I have an important job interview, can you please help me make this tie?"

"Sure" said the guard, "just lie down on this bench."

Well if someone was going to help me I wasn't going to ask any questions. After he finished and the tie looked good I just had to ask why I had to lie down.

"Well in my previous job I learned how to tie tie's on other people when they were lying down" he replied.

What was your previous job? I asked incredulously.

"I ran a morg." Was the reply.